



DOUGLAS COUNTY MASTER GARDENERS NEWSLETTER

Volume 30, Issue 11

November 2015

Nov. 2015 Calendar

Mon., Nov. 2, 10:00-Noon

Insect Committee

Mentor Training, Annex Kitchen

Tues., Nov. 3, 9:00-Noon

Greenhouse Crews & Sale

Wed., Nov. 4, 11:30-12:30

New Class Orientation

Sat., Nov. 7

Winter Dreams Garden Seminars,
Medford

Sat., Nov. 7, 1:00-4:00

Soil Health Workshop, Discovery
Garden

Tues., Nov. 10, 10:00-Noon

Greenhouse Crews & Sale

Mon., Nov. 16, 10:00-Noon

Insect Committee

Tues., Nov. 17, 9:00-Noon

Greenhouse Crews & Sale

Thurs., Nov. 19, 9:00

Continuing Education, Extension

Thurs., Nov. 19, 10:00

Chapter Meeting, Extension

Fri., Nov. 20, 1:30-4:00

Drop-off for baked goods @ Annex
Kitchen

Sat., Nov. 21, 9:00-2:00

Bake Sale at Sherm's Thunderbird

Thurs., Nov. 26

HAPPY THANKSGIVING!!!

Wed., Dec. 2, 10:00-Noon

Mentor Training, Annex Kitchen



Awards Banquet

Betty Ison

Our annual Awards Banquet was a wonderful chance to acknowledge the many achievements of our Master Gardener volunteers. I would like to acknowledge several individuals who were presented with very special honors here.

Sharon Hopkins is the **2015 Douglas County Master Gardener of the Year**. Sharon has been a volunteer for 5 years and put in over 2200 hours of service. She has been involved in a number of activities within our organization. Outreach activities include Plant Clinic, Kruse Farms, Drain Farmer's Market, and the Home Show. She has also helped set up the Fair Booth, worked on the Saving Grace Project, and helped create two different award-winning displays for Mini-College. Sharon has been a Class Mentor and helped with Class Greenhouse Training. She has been a major supporter of our fundraising activities which include Plant Sale (5 yrs.)--the last 4 years as Co-Chairman, the Bake Sale (5 yrs.)--the past four years as Co-Chairman, and the Trash to Treasure Sale.



Sharon has worked in the Greenhouse (5 yrs.), and in the Discovery Garden (5 yrs.). She has worked mainly in the Children's Garden and has for the past two years been a Co-Coordinator for that garden. In other activities, Sharon has helped with several Awards Banquets, made decorations for a Mini-College Awards Banquet, and been a Summer Meeting Host. She has done the artwork for our colored MG t-shirts for 4 years, and also done all the artwork for Plant Sale flyers and bookmarks. Sharon was recognized early on as a great volunteer when she was selected Outstanding New Apprentice in 2011.



There are two “**Behind the Scenes**” **Master Gardeners of the Year for 2015: Gale Robinson and John Denny.** This award is for someone who works quietly and unselfishly behind the scenes, often



going unnoticed, but is always there when work needs to be done. The criteria for this award is that the person is involved in multiple activities, has been a member at least five years, and held no major leadership positions. Gale has been a member seven years and put in over 2200 hours of volunteer service. Gale's outreach activities include Plant Clinic, Kruse Farms, Earth Day, and Home Show. He has helped with fundraising activities that include Plant Sale (6 yrs.), Trash to Treasure Sale, the Bake Sale (6 yrs.), and Compost Tea (5 yrs). Gale is most active in the Discovery Garden and Horticultural Learning Center, working in both areas for the last seven years. At the Horticultural Learning Center, Gale has helped with greenhouse improvements and repairs, and is the main

tractor guy; he turns compost, hauls mulch, chips, compost, and rock. He does most of the field mowing, and will help with projects just about anywhere he's needed. Gale was recognized early on as a great volunteer when he was selected Outstanding New Apprentice in 2009.

John Denny also has been a member seven years and put in over 1500 hours of service. John's outreach activities include Plant Clinic, Home Show, Soil Testing (2 yrs.), class mentor, and class attendance taker. John has helped with the Plant Sale for 6 years, doing jobs like transportation and clean-up. He, like Gale, is most active at the Horticultural Learning Center (7 yrs). John spends many hours doing greenhouse maintenance and repairs---patio irrigation, broken pipes, fixing heat beds and heaters, elevating pallets, setting up timers, pressure washing the greenhouse, etc. He has also done some of the field mowing, helped with Victory Garden fencing, and does whatever may need to be done.

From our new class, two enthusiastic ladies were selected as **2015 Outstanding New Apprentices.** They are **Nancy Fuller** and **Ann Severson.** Both of these ladies have had almost the same identical MG experiences. They both worked in the Plant Clinic (doing more hours than required), Plant Sale, Greenhouse, Trash to Treasure Sale, Spring into Gardening Seminar, and the Discovery Garden. Nancy has worked in the Discovery Rock Garden all summer, and helped in the Victory Garden. She just joined the MG Executive



Board as our new Alternate State Representative. Ann has become a regular working in the Eastside Greenhouse for the summer, and was also a new Compost Tea assistant for this year. Both of these ladies are closing in on 200 hours of service in their first year.



Another special award presented during the evening was the **Horticulture Agent's Award**. It was presented to **Bonnie Courter**, by Horticulture Agent Steve Renquist. It is for volunteers who, by helping the agent achieve his goals, positively impacts the Master Gardener Program.

These are very special volunteers and more than deserving of the recognition they have received, so if you have the opportunity, congratulate them on a job well done. Also congratulations to all of our volunteers for whatever it is you do to help make our Master Gardener program the success that it is. CONGRATULATIONS ALL!!!!

President's Post

Chris Rusch

What a terrific banquet we had on October 3, celebrating the outstanding work of many of our DCMG volunteers. I especially want to thank Judy Huntley and Betty Ison for the work they did to plan and organize this wonderful annual event. It is a terrific tradition. Thank you to all who participated. Congratulations to all of the winners of special awards. It is always amazing to hear about the outstanding accomplishments of our Douglas County Master Gardeners.

Everyone is heartbroken about the events of October 1 at Umpqua Community College. Thank you to Charity Hays who led us in remembrance for the victims at our Banquet. One of our own Master Gardeners, Kim Dietz, was killed in this horrible tragedy. She was known for her love of her family, her garden and her dogs. Let's remember her family in our thoughts and prayers. We are all very lucky to live in such a caring and resilient community. We are all "UCC Strong".

Be sure and dig out your favorite recipes for our Bake Sale November 21. I have been told that some Sherm's shoppers look forward every November to our Bake Sale. Sherm's is such a great partner to allow us to use their space each year. We really appreciate their support. Janet Parkerson and Jo Ann Pico are heading the Bake Sale this year. Please sign up to help.

Remember that our Executive Board meeting is cancelled for November due to the Veterans Day Holiday. Our Chapter meeting will be one week earlier than usual, on November 19th, because of Thanksgiving.

Finally, thank goodness for the fall rain! We certainly need it. And what about those autumn leaves! They are so beautiful. They are always a treat to watch as they transform into various shades of red, orange, yellow and brown. Take time check out the autumn leaves - they won't last much longer.

Have a Happy Thanksgiving with your friends and family.

More Scenes from the Awards Banquet

Photos by Kish Doyle & Bonnie Courter



Vice-President's Report

Fred Alley

What a great presentation by registered dietitian, Kim Turner, at the October 29th Continuing Education Program! Kim's "Gardening for Good Nutrition" was well received by our Master Gardeners, setting the bar high for the future Continuing Education Program presenters. When I thought about a presentation on gardening and the nutritional values of the garden, I immediately thought of Kim Turner and Jo Carol Driver, both dietitians at Mercy Medical Center, for two reasons. First, both are registered dietitians and second, I knew they are both avid year-round gardeners. It also helped that my wife, Sandy, works with both Kim and Jo Carol, and we are all friends. The combination of dietitian and gardener was too much to pass by.



It was obvious Kim knows her garden produce. Her knowledge about the benefits of eating fruit and vegetables is significant. Fruits and vegetables are an important part of our diet and can contribute significantly to overall health. Gardening is a great way to promote healthy living and nutritious eating habits. As Master Gardeners, we recognize growing fruits and vegetables adds to the excitement and enjoyment of eating something healthy - because we grew it. One has a greater appreciation of how food is grown, and she challenged us to try different produce thereby providing a more balanced diet.

Kim's presentation style, use of humor, combined with her significant nutrition and gardening knowledge was perfect for our Master Gardeners. I advised Kim, prior to her presentation, that her audience would have a

large variety of interests, knowledge and experiences, and they always love to ask questions. Thanks, Kim for a great presentation!!!

While I have not confirmed our Continuing Education Program for our November

19, 2015 Chapter Meeting, I can assure you the presentation will be very interesting and informative. I have enough programs to fill the 2015-16 program year.

Here is a list of some of the past Continuing Education Programs. The list is intended to be informative and most importantly to assist members in thinking of possible new programs. As new members join the Master Gardener Program, they are not aware of past programs, and may likely have different thoughts and ideas. If you have any thoughts, ideas or suggestions, please feel free to contact Fred Alley, 541-733-6232 or email at fhasla@msn.com

- Master Food Preserver** – Rayma Davis
- Extended Growing Season Techniques** – Jim Leet
- All You Want to Know About Oregon Mushrooms** – Geoff Niles
- Attracting Pollinators to Your Garden** – Cindy K. Bright
- Training Bonsai Trees** – Mike Winters
- Composting** – Joe Yetter
- Creating Bird Habitat in Your Backyard** – Cindy K. Bright
- Prevention of Injury in the Garden** – Jeff Giulietti
- Hydroponics** - Gregory Baird
- Enhancing Your Garden Photos** – Teri Bay

Other programs provided in the 2014 – 2015 Program year were printed in the June 2015 Douglas County Master Gardeners Newsletter.



What's Happening in the Rock Garden?

Kish Doyle

Although many of the gardens are starting to wind down and the foliage is being cut back in preparation for winter, the Rock Garden is still pruning and planting away. Earlier this summer, we put in a new seating area. It has



Photo: Kish Doyle

proved very popular because of the nice shade during the hot summer. We have also been told by visitors that our chairs are the most comfortable in the Discovery Garden.

This past week, Tasha and the Rock Garden crew spent some time reviving the area underneath the Composting Garden sign. The area is about five feet square, but the center section directly under the sign gets no water at all. We discussed several options and decided to make the center a small pile of rocks and then plant sun and shade water-wise plants in the outer margins. We reconfigured the border and added some new plants and more rocks. Hopefully, this new plan will provide some flowers and a nicer view as visitors approach the composting area.

Out in front at the main entrance, we also cleaned up the area under the entry sign. Earlier in the year it was planted with a variety of shrubs and plants, but due to the strong shade, a very hot summer and not enough



water, the area has been looking rather sad. We temporarily removed the soaker hose and moved a lot of the rocks around in preparation for planting some new things next week. We will reinstall the soaker hose but use the opportunity to replant with shade-loving and water-wise plants. Hopefully, in the spring there will be more color and interest in both of our new "mini rock gardens."

WANTED!

LOOKING FOR

New Membership Director

Denise Fennell is stepping down from her position as Membership Director. Her new duties as new class director will require more time and responsibility than she can spare to perform both positions well.

The Chapter By-Laws state, "The Membership Director will collect all dues and keep an address, telephone and e-mail list current for all members. The Membership Director will publish the list by April 1st." The position includes a voting membership on the Executive Board. Contact Denise for more information.

541-530-0024

Membership Drive

Denise Fennell

Hello Master Gardeners!

Well this month starts the membership drive. And while dues, technically, do not have to be turned in to me by January 1, 2016, it really helps me out to have them early. That being said, you'll find the 2016 Membership Renewal Form posted in this Newsletter.

NOTE - For those wanting to have the Newsletter mailed to you, the price of postage is going to \$8.75 for the year. We are hoping that this increase will last us for a few years.

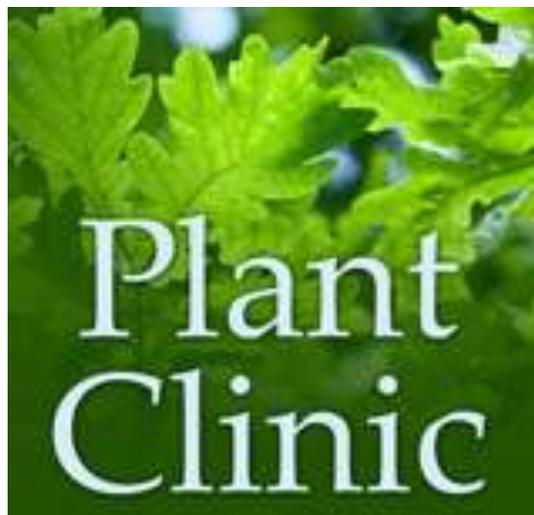


Also on the form is a new category - "Contact Preference". Please check all that apply, but we would like to know how you prefer to be contacted: Phone Call, Email or Text. This preference will be listed on future rosters.

If you cannot print the form and mail it to me with your check, PLEASE jot down the info on a note and include it with your check. I received numerous checks that had no name on the check or return address on the envelope.

Looking forward to seeing you all in 2016!

Denise Fennell
DCMG Membership Director
<https://www.facebook.com/groups/oregongreenacres/>



Chris Rusch

We had over 75 visitors to the Plant Clinic in October. We heard about all kinds of lawn problems from crane fly to weeds. The hot summer has been tough on lawns. In addition, we have been hearing about quite a bit of drought damage to trees and shrubs showing up after our long, hot summer.

As we get into the fall season, we still need veterans to help in the Plant Clinic both in continuing to help our new volunteers and keeping up with the workload of assisting our visitors to the Plant Clinic.

A BIG thank you to all who regularly work at the Plant Clinic! I especially want to thank the 2015 Plant Clinic training team core group folks: Leo Grass, Larry Sutton, Anne Bacon, Bonnie Courter, and Chris Rusch.

Starting this month, the Plant Clinic will only be open two days a week: Monday and Wednesday. In December the Plant Clinic will be staffed only on Mondays. So come by and sign up for an afternoon of fun and learning.

DOUGLAS COUNTY MASTER GARDENER 2016 DUES
and REPLACEMENT NAME TAG

(Please pay **BEFORE** January 1, 2016)

PRINT ALL information below EVEN if nothing has changed:

NAME: _____

ADDRESS: _____

EMAIL: _____

PHONE: _____

DATE: _____ CHECK # _____ AMOUNT \$ _____

I prefer to be contacted by _____ Email _____ Phone _____ Text Msg

_____ ***Here is \$10 for my dues which includes the online MG Newsletter.***

_____ ***Please mail my newsletter. I have included an EXTRA \$8.75 to cover postage.***

Please make checks out to **DCMG** and include the above form. You can drop off your completed form and payment in the dues drawer at the plant clinic or mail it to me. Checks may not be deposited until after January 1, 2016.

Those needing a **replacement name tag** should contact me before mid-January. I will be keeping a list to add to the trainee class member's order. Please provide your name as you want it to appear on the name tag, your class year, and your contact info (either email or phone number). You will be contacted with the cost once the name tags have arrived.

Denise Fennell
Membership Director

P.O. Box 1047
Sutherlin OR 97479
541-530-0024



Janet Parkerson & JoAnn Pico

Our annual bake sale is coming up very soon on November 21, 2015, 9am to 2pm, at Sherm's Thunderbird Market in Roseburg. We will be receiving baked goods the day before on November 20th, 1:30-4:00pm, at the Extension kitchen. If you cannot bring your wares on Friday, we will also accept them the day of the sale at Sherm's from 7:45 to 8:45. We need bakers, donations of ingredients from non-bakers, and people to work the sale.

If you are baking, thank you! Anything receiving rave reviews from family and friends would be perfect! Recipes you are trying for the first time may not be the best choice. Keep in mind we need homemade items. Please do not purchase ready-made items for resale at our venue.



Our customers love a good variety of pies, breads, muffins, cakes, candies, etc. Gluten-free and sugar-free are always requested. If you are baking pies, please bake in sturdy aluminum tins as you would get from Shari's or Kruse Farms. Items should be completely wrapped in units to be sold - i.e. four muffins in a package, a dozen cookies, etc. Presentation is important. The more attractive the item, the

better the chance of it selling. This can be as simple as a festive ribbon tied around a loaf of bread. Upon delivery, come prepared to be able to check off the following ingredient labels we provide which will be affixed to every item: Item _____ contains: __wheat, __eggs, __dairy, __peanuts, __tree nuts, __soy.

If you are unable to bake, but would like to donate to those who are baking, we can use any type of berries, cherries, rhubarb, peaches, pecans, etc. as well as butter. Costco has many of these items, or maybe you have extra in your freezer not yet in the freezer-burned state. For those who bake numerous items, this is our way of letting non-bakers help with the cost. Please contact Janet Parkerson or Joann Pico to arrange for delivery or pickup.

Signups for working the sale began at our last chapter meeting. We still have several openings. If you can help out with any of the following please email or call Janet.



- Receiving Goods: Friday 1:30 - 4:00 pm
- Receiving Goods: 7:45 to 9am
- Pricing/Packaging Goods: 7:45 to 9am
- Selling: 11:30am to 2pm
- Cashier: 11:30am to 2pm

Spread the word to your neighbors, friends and family about the opportunity for them to support a great cause while purchasing their desserts for the holiday! Flyers will be available later this week. This is one of our big fund raisers. Please help us make it a success.

Janet Parkerson: Call or Text 480-748-8405

Email: shespricceless@yahoo.com

JoAnn Pico: Call 541-391-8333

Email: jovona@aol.com

2016 DCMG PROPOSED BUDGET

INCOME

Donations	250
Dues-hardcopy newsletter	255
Dues -membership	2,400
Interest Income - Bank	12
Program Service Project Income	
Soil Testing	700
Total PSP Income	<u>700</u>
Special Events	
Plant Sale	
Drawings	950
Entrance Fees	2,900
Sales - Event	20,500
Sales - Post	700
Sales - Pre	2,700
Vendor Booth	3,300
Total Plant Sale	<u>31,050</u>
Special Events Other	
Bake Sale	1,000
Compost Tea	900
Trash-to-Treasure Sale	2,500
Total Special Events Other	<u>4,400</u>
Total Special Events	<u>35,450</u>
TOTAL INCOME	<u><u>39,067</u></u>

EXPENSES

Management & General Expenses	
Awards & Banquet	
Awards	350
Banquet	750
Total Awards & Banquet	<u>1,100</u>
Conferences	
Chapter Meetings	0
OMGA Travel	1,000
Total Conferences	<u>1,000</u>
Dues-OMGA	1,659
Grants/Gifts/Scholarships	
4-H Donation	80
Gifts - Hallmark	50
Memorials	0
Officer Gifts	80
Scholarships - Mini-College	1,000
Total Grants/Gifts/Scholarships	<u>1,210</u>
Historian	25
Hospitality	200
Liability Insurance	670
OMGA Chapter Display	0
OMGA Search for Excellence	150
Postage for Exec Board	30
Print Check Charges	25
Supplies / Exec Board	30
TOTAL Management & General Expenses	<u>6,099</u>
Program Service Project (PSP) Expenses	
Advanced Training	
Continuing Education	100
Newsletter	
Office Publisher Software & Updates	0
Postage for hardcopy newsletter/roster	255
Total Newsletter	<u>255</u>
Total Advanced Training	<u>355</u>
Clinics and Office	
Kruse Farms	40
Insects	100
Library	100
Plant Clinic and Office Supplies	50
Soil Testing	250
Website	207
Total Clinics and Office	<u>747</u>
Community Outreach	
Fair Booth	50
Speakers Bureau	50
Photo team	100
Total Community Outreach	<u>200</u>

Discovery Garden	
Biochar/Vermicompost	50
Butterfly	350
Childrens	300
Compost	0
Easy Access (Container Garden)	450
Electric - meter 23609842	400
Entry	75
Hedgerow	0
Herb	75
Hummingbird	150
Iris	0
Irrigation	400
Japanese	200
Klosk - donor board	50
Maintenance	600
Mulch	300
Orchard	50
Ornamental	0
Pavilion	0
Perennial Border	400
Raised Beds (dahlia/lily beds)	100
Rock Garden	800
Shade Garden	50
Signage Project	250
Straw Bale Garden	220
Sun Garden	0
Water - River Forks meter	500
Xeriscape	400
Total Discovery Garden	<u>6,470</u>
Horticultural Learning Center (HLC)	
Annual Pumping Expense	0
Garbage Dump Fee	100
HLC Maintenance	600
Toilet Supplies and Repairs	150
Tree Trimming Professional	1,000
Eastside Greenhouse Maintenance	4,239
Eastside Greenhouse Supplies	500
Westside Greenhouse Maintenance	1,200
Westside Greenhouse Supplies	400
Victory Garden	1,071
Victory Garden Signage	345
Total Horticultural Learning Center	<u>9,605</u>
Winter Program	
New Class - Supplies	20
Speakers	400
Total Winter Program	<u>420</u>
TOTAL PSP Expenses	<u>17,797</u>
Special Events Expenses	
Plant Sale Expenses	
Advertising	3,800
Contributions/Plant Sale Volunteers	350
Electric - meter 23609558	3,600
Exhibit Fees	2,900
Next Year Seed	750
Next Year Supplies	2,500
Plants	1,100
Propane	1,500
Supplies	1,500
Vendor Costs	550
Water - Pitchford meter	900
Total Plant Sale	<u>18,450</u>
Special Events Other	
Bake Sale	75
Compost Tea	150
Tomato and Salsa Taste-Off	30
Trash-to-Treasure Sale	150
Total Special Events Other	<u>405</u>
TOTAL Special Events Expenses	<u>19,855</u>
TOTAL EXPENSES	<u><u>43,751</u></u>
NET INCOME	<u><u>-4,684</u></u>

Treasurer's Report

Patrice Sipos

INCOME 9/24/15 - 10/26/15

Donations/Interest	\$2.23
Soil Testing	\$0.00
Plant Sale - Post	\$0.00
Compost Tea	\$0.00
TOTAL INCOME	\$2.23

EXPENSES 9/24/15 - 10/26/15

Banquet & Awards	\$1,076.93
Scholarships (from OMGA)	\$0.00
Liability Insurance	\$0.00
Newsletter Postage	\$20.59
Website Development	\$0.00
DG - Various	\$865.57
HLC - Various	\$902.17
Plant Sale - Various	<u>\$634.39</u>
TOTAL EXPENSES	\$3,499.65

Breakdown of our accounts

Checking	\$1,888.00
Money Market - Reserves	\$8,659.10
Money Market	<u>\$42,115.99</u>
Ending Balance 10/26/15	\$52,663.09



Photo: Bonnie Courter

Fred's Fav's



Entry Garden



Henry
Estates
Winery



Dahlia Garden



Children's
Garden

The EWG's "Dirty Dozen™ 2015" List

Our Continuing Education speaker this month mentioned an annual list put out by the Environmental Working Group (EWG) of fruits and vegetables containing the most pesticides. This can serve as a guide for shoppers to be aware of pesticide levels in produce, and subsequently encourage them to make the organic choice for those products appearing at the top of the list.

Editor's Note: The following was excerpted from the EWG's website. You can read the full report at:

<http://www.ewg.org/foodnews/summary.php>

The Dirty Dozen™

EWG singles out produce with the highest pesticide loads for its Dirty Dozen™ list. This year, it is comprised of (from worst): **apples, peaches, nectarines, strawberries, grapes, celery, spinach, sweet bell peppers, cucumbers, cherry tomatoes, imported snap peas and potatoes.**

Each of these foods tested positive for a number of different pesticide residues and showed higher concentrations of pesticides than other produce items.

Key findings:

- 99 percent of apple samples, 98 percent of peaches, and 97 percent of nectarines tested positive for at least one pesticide residue.
- The average potato had more pesticides by weight than any other produce.
- A single grape sample and a sweet bell pepper sample contained 15 pesticides.
- Single samples of cherry tomatoes, nectarines, peaches, imported snap peas and strawberries showed 13 different pesticides apiece.

Dirty Dozen PLUS™

For the third year, we have expanded the Dirty Dozen™ with a Plus category to highlight two types of food that contain trace levels of highly hazardous pesticides. **Leafy greens - kale and collard greens - and hot peppers** do not meet traditional Dirty Dozen™ ranking criteria but were frequently found to be contaminated with insecticides toxic to the human nervous system. EWG recommends that people who eat a lot of these foods buy organic instead.

The Clean Fifteen™

EWG's Clean Fifteen™ list of produce least likely to hold pesticide residues consists of **avocados, sweet corn, pineapples, cabbage, frozen sweet peas, onions, asparagus, mangoes, papayas, kiwis, eggplant, grapefruit, cantaloupe, cauliflower and sweet potatoes.** Relatively few pesticides were detected on these foods, and tests found low total concentrations of pesticides on them.

Key findings:

- Avocados were the cleanest: only 1 percent of avocado samples showed any detectable pesticides.
- Some 89 percent of pineapples, 82 percent of kiwi, 80 percent of papayas, 88 percent of mango and 61 percent of cantaloupe had no residues.
- No single fruit sample from the Clean Fifteen™ tested positive for more than 4 types of pesticides.
- Multiple pesticide residues are extremely rare on Clean Fifteen™ vegetables. Only 5.5 percent of Clean Fifteen samples had two or more pesticides.

How consumers can avoid pesticides

Smart shopping choices matter. People who eat organic produce eat fewer pesticides. A study by Cynthia Curl of the University of Washington published February 5, found that people who report they "often or always" buy organic

produce had significantly less organophosphate insecticides in their urine samples, even though they reported eating 70 percent *more* servings of fruits and vegetables per day than adults reporting they "rarely or never" purchase organic produce (Curl 2015). Several long-term observational studies have indicated that organophosphate insecticides may impair children's brain development.

In 2012, the American Academy of Pediatrics issued an important report that said that children have "unique susceptibilities to [pesticide residues] potential toxicity." The pediatricians' organization cited research that linked pesticide exposures in early life and "pediatric cancers, decreased cognitive function, and behavioral problems." It advised its members to urge parents to consult "reliable resources that provide information on the relative pesticide content of various fruits and vegetables." One key resource, it said, was EWG's Shopper's Guide to Pesticides in Produce (AAP 2012).

With EWG's shopping tool, people can have the health benefits of a diet rich in fruits and vegetables with less exposure to pesticides.

OSU DOUGLAS COUNTY MASTER GARDENER Chapter Meeting October 29, 2015

Call to Order: The meeting was called to order at 10:15 a.m. by President, Chris Rusch. There were 50 in attendance.

Minutes: The minutes were approved as distributed.

Agent's Report - Steve Renquist: Steve reported twenty-seven students have signed up for the winter class. Registration will be November 4th at 11:30. Master Gardeners are needed to help set up at 10:30. All chapter members are encouraged to attend to welcome

new students. More mentors are needed for the class.



The brown marmorated stinkbug has become a major pest in Portland and the Willamette Valley. We are now seeing increased infestation as well. Feeding on a hundred different plant varieties makes them difficult to control. Observing with pheromone traps and spraying does not work. One option is to hang several pheromone traps on a tree or bush off to the side, using it as bait to attract the stinkbugs and not spraying it for pests. There are many varieties of stinkbugs with some of them being beneficial. For more information go to <http://horticulture.oregonstate.edu/group/brown-marmorated-stink-bug-oregon>

Steve recently attended training at UCC sponsored by the Bahco company on sharpening various garden tools. He is now certified to teach the course and will incorporate it into future educational offerings.

A new OSU publication (EC 1608) has come out on sudden oak death. https://catalog.extension.oregonstate.edu/sites/catalog.extension.oregonstate.edu/files/project/pdf/ec1608_0.pdf

Douglas County will be the site of an AgriMet weather station. AgriMet is a satellite-based network of automated agricultural weather stations operated and maintained by the Bureau of Reclamation. The weather station will be located at the HLC, and will be up and running within the next year. This will be a

great tool for local growers. More information on AgriMet may be found at: <http://www.usbr.gov/pn/agrimet/>

OFFICER REPORTS

Membership - Denise Fennell: Denise reminded us that members' dues are now being taken for the coming year. Please include a completed dues form (even if your information has not changed) along with your payment of \$10. The newsletter is available online at http://douglascountymg.org/mg_newsletter.html Those who would like a hard copy of the newsletter mailed to them will need to pay an additional \$8.75 (for a total of \$18.75). Dues forms will be included in the newsletter and are also available in the Plant Clinic.



OMGA – Anne Bacon: Anne and Nancy Fuller will be attending the OMGA state meeting in Linn County on Saturday, November 7th. The meeting is open to all Master Gardeners.

Treasurer – Patrice Sipos: Chris Rusch presented the Treasurer's report on behalf of Patrice. Financials were distributed. Updates on budget are available on the web at http://douglascountymg.org/mg_documents_forms.html Outstanding bills should be submitted to the Treasurer in a timely manner for payment before the end of the year.

Vice President - Fred Alley: Thanks to Kim Turner, a registered dietitian at Mercy Medical Center, for a great continuing education program today. Fred has upcoming programs scheduled for the entire year. He will be posting classes presented in the past in the Newsletter, encouraging new students to request subjects they are interested in.

Past President - Larry Sutton: In a meeting with John Panches, Larry learned interviews for new Foresters will be this next week. If all goes as planned, two will be hired to be on staff. Also, the Board of Supervisors for the County has given their okay to start on plans to remodel the Extension auditorium. Two different proposals have been submitted. John will be making a recommendation to the Board on the Extension's choice of plans.

Secretary - Barbara Robinson: No report

President – Chris Rusch: The Executive Board meeting for November has been cancelled due to the Veteran's Day holiday. The Board will meet in December. The chapter meeting has been moved up one week due to Thanksgiving. We will meet on November 19th.

COMMITTEE REPORTS

Community Outreach – Leo Grass: Leo and Dianne Twete gave a presentation on weatherizing the garden to the Sutherlin Garden Club. Elva Sellens gave a dahlia class in the Discovery Garden. A 7th grade environmental science class from Days Creek will be checking out the Discovery Garden for sustainable gardening practices. Contact Leo if you would like to help host this group. Julie Stanbery replaced the plantings in the front planters (built and donated by Eileen and Tom Kelley) at Saving Grace Animal Shelter with wave petunias (donated by Kruse Farms). They look beautiful!

Plant Clinic - Chris Rusch: The Plant Clinic has slowed down but is still getting a few calls. There have been several calls regarding Douglas fir trees dying due to drought

conditions. The clinic will be open two days a week, Mondays and Wednesdays in November. December will move to Mondays only. There are several slots open on the calendar to sign up to work the clinic.



Winter Training – Denise Fennell: More mentors are needed. Shared mentor positions are an option if you have someone you would like to split the responsibility with. Contact Denise to sign up. Also needed are alternate mentors to fill in when mentors are unavailable. Carrie Becker volunteered to be Denise’s assistant.

Mentors will need to attend meetings on November 2nd and December 2nd, 10 a.m. in the Extension kitchen. New class registration is



at 11:30 on November 4th in the auditorium, with setup by MGs at 10:30.

Westside Greenhouse – Karolyn Riecks: Crews have been busy finishing up root pruning, divisions and cleanup of plant material. Crews will be taking a break Thanksgiving week to the first of the year. The core group is



scheduled to meet on November 5th to determine seed purchase choices.

Eastside Greenhouse – Bruce Gravens: Crews have been busy doing last minute cleanup and moving appropriate plant material into the greenhouse for the winter. Tuesday, November 3rd, will be the last crew work day until the first of the year.

Awards - Betty Ison: Betty announced the following awards which were presented at our recent DCMG awards banquet:
 MG of the Year – Sharon Hopkins
 MG Apprentice of the Year – Nancy Fuller and Ann Severson
 Behind the Scenes MG - Gale Robinson and John Denny
 Horticultural Agent’s Award: Bonnie Courter

Betty presented Judy Dake with her 20-year length of service award. Sally Johnson has also earned this award.

Five more 2015 class members have completed their 60 hours of payback hours: Barbara and Sarah Anderson, Marry Black, Jill Beverlin, and Linda Kerl.

Discovery Garden - Julie Stanbery: Toilet etiquette was at the top of Julie's priority list to share with the membership. There have been and continue to be problems with the flush mechanism in the ladies' toilet. Please when you flush the toilet, stay until you hear the water shut off. If it continues to run, please find Julie or someone who knows how to shut it off. The toilets use Umpqua Basin water and will cost us a bundle if they do not shut off. Thanks to Jack Machulies for his efforts in fixing the problem.

The Children's Garden recently finished 18 new steps for their area and they are beautiful!



Thanks to John Panches for using money out of his budget to purchase a new ignition switch for the tractor. The current switch still works most of the time, but is temperamental. The new one will be installed when the old one gives up.

Garden heads, or their representatives, are asked to show up this next Tuesday to take up all the hoses and sprinklers in their areas. Equipment will need to be labeled with the garden name and put away. Janet Parkerson will be doing some handywork to repair some of the sprinklers. Immediately after, Julie would like to meet outside of the Pavilion to discuss moving the lily bed to a sunny location.

Saving Grace is looking for a volunteer to help them come up with a thank you letter to be sent out to donors and contributors. Contact Julie if you are willing to help on this project.

Victory Garden – Ruth Stafford: The VG crew picked their last vegetables last Tuesday



and delivered them to UCAN. The goal for 2015 was 5000 pounds and 5563 was donated! The new watering system (spearheaded by Vicki McAlister) is being attributed to more efficient irrigation, resulting in better crop yields.

Cover crops have been planted and compost or leaves have been laid. A crew has been wrangled to build fence around the new area just north of the existing beds. The new section will be ready for planting next spring!

Publicity/Newsletter – Bonnie Courter: Bonnie has prepared newspaper articles and PSA's for the Bake Sale and changing Plant Clinic hours. Newsletter articles are due this Saturday, the 31st.

Facebook - Denise Fennell: Facebook followers are holding at 622.

Bake Sale - Janet Parkerson: Our annual Bake Sale will be held on Nov. 21st from 9-2 at Sherm's Thunderbird Market. Baked goods will be received in the Extension kitchen on Friday, the 20th from 1-4 pm and the day of the sale at Sherm's from 7:45 to 8:30 a.m.

Worker signup sheets are available in the Plant Clinic. Help is needed the day before the sale to receive incoming baked goods. (Positions were filled at the meeting.) An afternoon cashier is needed. (Position filled) Please call or email Janet or Jo Ann Pico to sign up or with any questions you may have.

Hallmark – Linda Thames: Marianne Major had surgery to address a complication from a

previous surgery. It appears to have been successful. Janet Wicka had hand surgery.

NEW BUSINESS

The 2016 budget draft proposal was available for chapter review. It will be voted upon at our November meeting. The Executive Board agreed to pass a deficit budget, using money market funds to cover the deficit. Major capital improvements to the Eastside greenhouse are needed.

OLD BUSINESS

The position of Historian is open. Please contact Chris Rusch if interested.

SHOW AND TELL

Julie Stanbery reminded the membership there are many Master Gardeners who are also Master Food Preservers and are available to answer food preservation/safety questions. Also please remember to use only research based recipes/instructions and not just anything you find on the internet.

Toni Rudolph, a SHIBA volunteer, advised on the importance of reviewing your current Medicare Advantage Plan and standalone drug plan as they can change dramatically each year. It is now open enrollment season, and SHIBA volunteers are available to help determine the best plan(s) for you. For individual counseling opportunities refer to the following site: http://www.oregon.gov/DCBS/insurance/shiba/get_help/Pages/calendar.aspx

Nathan Baily shared his experience with Territorial's "Ketchup and Fries" plant. Seems he was not overly impressed with his \$20 investment and gave a thumbs down review.

Bruce Gravens brought in numerous peppers he grows for sampling.

Bob Brindley presented a wide variety of Asian sauces for sampling.

Meeting Adjournment: The meeting was adjourned at 11:25 a.m. by President, Chris Rusch.

Douglas County Master Gardeners

Newsletter: The deadline for the December 2015 Newsletter is November 28th. E-mail submissions to Bonnie Courter: rbcourter@gmail.com

Website: www.douglascountymg.org

Facebook Page: www.facebook.com/pages/Douglas-County-Master-Gardeners/251882398200487

Horticulture Agent: www.extension.oregonstate.edu/douglas/horticulture,
steve.renquist@oregonstate.edu

OSU Douglas County Extension Service: www.extension.oregonstate.edu/douglas

OSU Gardening Information: www.extension.oregonstate.edu/gardening

OSU Master Gardeners Program: www.extension.oregonstate.edu/mg

Oregon Master Gardeners Association (OMGA): www.oregonmastergardeners.org



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